

Day Programmes for Older People - Auckland (May 2020)

This listing is for caregivers requiring day care for a dependent older person. The information is arranged in broad geographical areas: Central, West, North and South Auckland to help guide your search. All prices include GST.

Many rest homes and long-term care hospitals will accept a day stay client on an informal basis. The cost of day care ranges from \$5 to \$120 per day. There may be extra cost for those offering transport.

A separate listing for more independent older people called *Activities for Older People* is also available from Seniorline.

Subsidies

Carer Support Subsidy can be used to help with fees where the day stay is used to provide a rest for a caregiver. Eligibility for this subsidy is assessed by the Needs Assessment and Service Coordination service (NASC) contracted to your local District Health Board. Disability Allowance up to \$65.36 a week may apply. It is income tested.

Free day care may be available for people with a diagnosis of dementia or Alzheimer's. Day programmes contracted for this type of service are limited. Needs Assessment and Service Co-ordination assess and authorise the subsidy.

NASC contact phone numbers:

Auckland Central 631 1234 or 0800 631 1234

North Shore, Rodney, Waitakere..... 442 7171 or 0800 80 93 42

South - Counties Manukau 277 3440 or 0800 262 368

NB: inclusion in this listing does not indicate District Health Board endorsement. Prices are correct at time of publication but are subject to change. There may be changes due to Covid-19 restrictions.

Index of Day Care for Older People

Auckland

Anne Maree Gardens	Avondale	3
Aranui Home & Hospital	Mt Albert	3
Dominion Home	Mt Roskill	4
Elizabeth Knox	Epsom	4
Enliven Club	Onehunga	5
Lavender Cottage	Pt Chevalier	5
Sylvia Park Rest Home & Hospital	Mt Wellington	6
The Anchorage Day Centre	Glen Innes	6

Counties Manukau

Ambridge Rose Cottage	Howick	7
David Lange Care Home	Mangere	7
Enliven Counties Manukau Day Programme	Manurewa	8
Kolmar Lodge Rest Home	Papatoetoe	8
Palms Lifecare Day Care	Pukekohe	9
Senior Living Day Programme - HBH	Howick	9
Wattle Downs Care Home	Wattle Downs	10

North Shore

Anne Maree Court	Northcote	10
Ascot House	Devonport	11
BriarGate Dementia Care	Glenfield	11
Fairview Day Care	Albany	12
Glenhaven Rest Home	Glenfield	12
Heritage Rest Home	Wellsford	13
Palm Grove Rest Home	Devonport	13
Patrick Ferry House	Albany	14
Platinum Community Rehab & Day Centre	Red Beach	14
Solemar	Orewa	15
Totara Club Dementia Day Care	Windsor Park	15

Waitakere

Edmonton Meadows	Henderson	16
Goodwood Seadrome	Massey	16
Royal Heights	Massey	17
West Harbour Gardens	West Harbour	17

Auckland

Anne Maree Gardens

Contact	Resina Rakai	Address	24 Coronet Place
Phone	828 3741		Avondale
Fax	828 3781		
Email	amgadmin@annemaree.co.nz		www.annemareeresthome.co.nz
Hours	Monday to Sunday, flexible hours		
Fees	Private fees \$65 or part-fund with Carer Support		
Meals	Lunch, morning and afternoon tea		
Transport	Not available		
Programme	Comprehensive programme includes games, music therapy, crosswords, puzzles and a daily exercise programme		
Suitable for	A range of abilities: those who are alert, frail or have dementia. Wheelchair users		
Max	7		
Staff	Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme		
Space	Day programme is integrated with activities of rest home Programme runs on public holidays		

Aranui Home and Hospital

Contact	Janice Van Mil	Address	19 Woodward Road
Phone	846 2944 / 0275 415 759		Mt Albert
Fax	815 0562		
Email	manager@aranui.co.nz		www.aranui.co.nz
Hours	Monday to Friday, 9am to 3pm or by negotiation		
Fees	Dementia Day Care, Carer Support rate, or \$65.73 for a full day		
Meals	Hot midday meal, morning and afternoon tea included		
Transport	\$12 each way		
Programme	Integrated with rest home activities; games, outings, crafts, walks, entertainment, intellectual activities, exercise and special themes.		
Suitable for	A range of abilities; frail, alert people and those with mild dementia		
Max	10 - 15		
Staff	Diversional therapist and activity staff, plus access to registered nurses		
Space	Day care lounge, recliner chairs available Podiatrist, physiotherapist and hairdresser are available - charges apply		

Dominion Home

Contact	Dawn Tatham	Address	4 Invermay Ave
Phone	620 5533		Mt Roskill
Fax	n/a		www.eldernet.co.nz
Email	dominionhome.dementia@gmail.com		
Hours	Monday to Sunday, 7am to 6pm		
Fees	Carer Support subsidy half-day rate or privately paying		
Meals	All meals provided		
Transport	No transport available		
Programme	Integrated with programme for long-term residents, includes outings if there are seats available		
Suitable for	People with dementia		
Max	10		
Staff	Activity co-ordinators and registered nurse		
Space	Secure environment		
	Extended hours meet the needs of caregivers who work full time. Respite service available		

Elizabeth Knox

Contact	Megan Bell	Address	10 Ranfurly Rd
Phone	520 8448		Epsom
Fax	522 2473		www.knox.co.nz
Email	meganb@knox.co.nz		
Hours	Depends on individual needs		
Fees	Carer Support subsidy or \$77.23 per full day (GST incl)		
Meals	Main meal, tea / coffee		
Transport	Not available		
Programme	Integrated with rest home activities: social, physical and intellectual activities		
Suitable for	Those looking for more social interaction and independent with their own cares		
Max	3		
Staff	Registered nurse, care partners		
Space	General lounges and the Olive café		

Enliven Club

Contact	Eva Tollemache	Address	77 Grey St
Phone	622 9696		Onehunga
Fax	622 4790		www.psn.org.nz
Email	eva.tollemache@psn.org.nz		
Hours	Tuesday to Friday 7.30am to 4.30pm, closed Mondays		
Fees	Dementia Day Care funding (assessed by NASC)		
Meals	Lunch, morning and afternoon tea		
Transport	Van available for transport, costs \$10 return trip		
Programme	Individual programmes developed by occupational therapist after visiting client and family at home. Activities include cognitive stimulation therapy, Ronnie Gardiner music therapy, gardening in raised garden beds, baking, Tai Chi, Otago Strength and Balance, walking groups and weekly outing.		
Suitable for	Auckland DHB referred with diagnosis of dementia		
Max	20		
Staff	Team leader, trained support workers, occupational therapist and registered nurse input. Male support worker who speaks both Hindi and Gudjararti languages.		
Space	Onehunga Centennial Hall, Grey St, Onehunga, adjacent to Enliven Auckland premises Offer Otago Strength and Balance Programme and Ronnie Gardiner Music Therapy		

Lavender Cottage

Contact	Roxane Ducusin	Address	23 Wainoni Street
Phone	815 4785		Pt Chevalier
Fax	845 0836		www.selwynfoundation.org.nz
Email	Roxane.Ducusin@selwynfoundation.org.nz		
Hours	Monday to Friday, 9am to 3pm for clients		
Fees	Dementia Day Care subsidy or \$65.73 inc GST per day		
Meals	Morning tea and lunch		
Transport	\$16.00 return		
Programme	Cognitive stimulation therapy session, indoor bowls, baby buddy, clown doctors and dance therapy.		
Suitable for	Mild to moderate dementia		
Max	16		
Staff	Two trained care staff		
Space	Separate, secure specialist unit Podiatrist and hair dresser appointments can be arranged during Day Care hours, extra costs apply.		

Sylvia Park Rest Home & Hospital

Contact	Wen Ying Xu	Address	26 Longford St
Phone	527 3131 ext 1		Mt Wellington
Fax	527 0152		www.eldernet.co.nz
Email	sylviaparkresthome@xtra.co.nz		
Hours	7 days, times negotiable		
Fees	\$50 cost for hours 9.30am - 3.30pm		
Meals	Hot Chinese or Kiwi lunch, tea / coffee, dinner also available		
Transport	Not available		
Programme	Integrated with rest home / hospital activities; Chinese TV, exercise, Mah Jong, Chinese newspaper		
Suitable for	A range of abilities; alert people, those with early dementia		
Max	5		
Staff	Activity coordinator and team of well trained multi-lingual staff		
Space	Rest home lounge and 5 hospital lounges		

The Anchorage Day Centre

Contact	Savita Kiran	Address	Cnr Taniwha St & Elstree Ave
Phone	815 3991 or 021 725 467		Glen Innes
Fax	320 4721		www.selwyncare.org.nz
Email	savitak@selwyncare.org.nz		
Hours	Monday to Friday, 9am to 3.15pm. Closed public holidays		
Fees	Dementia Day Care (assessed by NASC) or \$50 per day		
Meals	Cooked lunch, morning and afternoon tea		
Transport	Available by arrangement, \$6.00 each way		
Programme	Varied programme; exercises, group activities, crafts and other suitable activities		
Suitable for	Older adults with dementia living in the community		
Max	25 - 27		
Staff	Diversional therapist, two caregivers and volunteers		
Space	St Marys Church, secure area includes outdoor space		

Counties Manukau

Ambridge Rose Cottage

Contact	Jackie Wood-Ciobanu	Address	7 Voltaire Court
Phone	535 5863		Howick
Fax	533 3678		www.ambridgerose.co.nz
Email	info@ambridgerose.co.nz		
Hours	Monday to Friday, weekends negotiable		
Fees	\$65 per day		
Meals	Hot midday meal, tea / coffee		
Transport	Not available		
Programme	Varied; outings, entertainment, bingo, games, Chinese TV and personalised planning		
Suitable for	Dementia clients		
Max	5 (negotiable)		
Staff	Facility manager, registered nurse, caregivers, activities co-ordinator		
Space	Ambridge Rose Cottage – Dementia Unit Access to occupational therapy, hairdressing and podiatrist, extra costs apply		

David Lange Care Home

Contact	Yvonne Kleyn	Address	4 James St
Phone	256 0092		Mangere East
Fax	257 2694		www.bupa.co.nz
Email	yvonne.kleyn@bupa.co.nz		
Hours	Monday to Friday, 8am - 3pm		
Fees	\$69.94 per day		
Meals	Morning tea, lunch, afternoon tea		
Transport	Availability is dependent on spaces		
Programme	Access to Residents' full activity programme including bowls, crosswords and van outings		
Suitable for	Residents who are independent and need minimal support		
Max	15		
Staff	Activities coordinator, caregivers		
Space	David Lange Care Home Hairdresser, extra cost and bookings required		

Enliven Counties Manukau Day Programme

Contact	Deborah Take	
Phone	267 1312 / 027 489 7115	Address 217 Weymouth Rd
Fax	267 7079	Manurewa
Email	deborah.take@psn.org.nz	www.enliven.org.nz
Hours	Monday to Friday, 8am to 5pm	
Fees	For DHB referrals only cost is transport. Private clients pay DHB contract rate.	
Meals	Lunch, morning and afternoon tea	
Transport	Van available for transport, \$6 single trip, \$12 return	
Programme	Group and individual activities, entertainment and outings	
Suitable for	Frail, older people, or those with some form of dementia	
Max	25	
Staff	Enrolled nurse with training in dementia and diversional therapy.	
Space	St Pauls Presbyterian church rooms	

Kolmar Lodge Rest Home

Contact	Nilam Naidu	
Phone	278 0076 / 021 178 7071	Address 136 Kolmar Road
Fax	277 7951	Papatoetoe
Email	kolmarlodge@yahoo.co.nz	
Hours	7 days, 8am to 5pm	
Fees	Day Care \$65 per day or Carer Support funding	
Meals	Hot midday meal, tea / coffee with snacks	
Transport	Not available	
Programme	Varied; outings, entertainment, games	
Suitable for	Frail clients or those with mild dementia	
Max	5	
Staff	Caregivers, registered nurse, activities co-ordinator and diversional therapist	
Space	Kolmar Lodge rest home	
	Access to hairdresser and podiatrist, extra costs apply	

Palms Lifecare Day Care

Contact	Bev Foster	Address	104 Harris St
Phone	09 237 3070		Pukekohe
Fax	09 237 3888		
Email	Daycare.palms@hll.org.nz		www.heritagelifecare.co.nz
Hours	Monday to Friday, 8.00am to 5pm, except for public holidays		
Fees	\$71 per day, Carer Support funding or NASC referral		
Meals	Main meal at lunchtime, morning and afternoon teas, snacks		
Transport	Transport provided for all seniors funded through Pukekohe Family Support		
Programme	Full, varied programme		
Suitable for	People over 65 years, frail elderly requiring socialisation or early dementia support		
Max	18		
Staff	2 - 3 staff depending on numbers		
Space	Purpose-built separate wing at Palms rest home, Pukekohe Access to hairdressing and podiatry services, extra costs apply. Second contact person, Nikki Windsor		

Senior Living Day Programme - HBH

Contact	Lorraine Le Roux	Address	139 Union Road
Phone	538 0809		Howick
Fax	534 1119		
Email	Lorraine.LeRoux@hbh.org.nz		www.hbh.org.nz
Hours	Monday to Friday, 8am to 5pm or hours negotiable		
Fees	DHB subsidy requires NASC assessment, Carer Support subsidy or \$70 per day (GST incl) if paying privately		
Meals	Two course hot lunch, morning tea, drinks and snacks available throughout the day		
Transport	Provided within set area, \$11.50 one way, \$16.50 return		
Programme	Varied programme offers a range of different activities and musical entertainment		
Suitable for	Frail elderly, confused and dementia clients. Not suitable for people who might wander		
Max	Up to 60 clients per day		
Staff	Enrolled nurse team leader, occupational therapy assistants, social worker, volunteers and registered nurse on call		
Space	Day programme is held in a purpose-built area adjacent to the resthome Access to hairdresser, extra costs apply		

Wattle Downs Care Home

Contact	Gill Harding	Address	120 Wattle Farm Road
Phone	027 202 5485		Wattle Downs
Fax	985 5578		www.bupa.co.nz
Email	Gill.harding@bupa.co.nz		
Hours	Monday to Friday, 9am to 5pm, half-day option available		
Fees	\$75 - \$100 per day. Carer Support subsidy can be used toward cost		
Meals	Morning / afternoon tea, lunch. Dinner is served at 5pm		
Transport	No transport available		
Programme	Integrated with rest home activities; games, walks, gentle exercises, arts, crafts, news and views, housie, card / board games, crossword puzzles, entertainment, movies and manicure sessions		
Suitable for	Elderly 65 years and over		
Max	5		
Staff	Two activities staff, nurses and caregivers on duty		
Space	Ground floor lounge / dining room Hairdresser available, extra costs apply		

North Shore

Anne Maree Court

Contact	Jo Lochery	Address	17-27 Fraser Ave
Phone	418 3118		Northcote
Fax	418 2270		www.annemareeresthome.co.nz
Email	amcmanager@annemaree.co.nz		
Hours	7 days a week, 9am to 3pm		
Fees	Private fees \$65 per day		
Meals	Lunch, tea / coffee		
Transport	Dependent on availability of minibus, cost relates to distance		
Programme	Comprehensive monthly programme includes games, music therapy, pool, crosswords, puzzles, daily exercise programme and twice monthly outings		
Suitable for	Frail, alert and dementia clients, wheelchair users		
Max	15		
Staff	Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme		
Space	Rest home and hospital facility Programme runs on public holidays and weekends		

Ascot House

Contact	Shona Rishworth	
Phone	445 2518	Address 137 Vauxhall Rd
Fax	446 0366	Devonport
Email	rishworth@ascothouse.co.nz	
Hours	Monday, Wednesday and Friday, 9am to 3pm	
Fees	\$55 per day, extras by negotiation	
Meals	Midday meal with dessert, morning and afternoon tea	
Transport	Not provided	
Programme	Full, varied programme	
Suitable for	Alert people and those with dementia, wheelchair users	
Max	4	
Staff	Diversional therapist	
Space	Separate rest home lounge set-up for day care	

BriarGate Dementia Care

Contact	Maree Pan	
Phone	444 4484	Address 21-23 Anne McLean Drive
Fax	443 3883	Bayview
Email	manager@briargate.co.nz	www.briargate.co.nz
Hours	Monday to Friday, 9am to 3pm (flexible)	
Fees	\$57 - \$90 per day	
Meals	Lunch, tea / coffee	
Transport	Not available	
Programme	Games and entertainment	
Suitable for	Dementia clients	
Max	2 per day	
Staff	Diversional therapist, two nurses and five healthcare assistants	
Space	Integrated with activities at BriarGate dementia unit Podiatrist and hairdresser on request, extra costs apply	

Fairview Day Care

Contact	Darlene Eweje	Address	21 Fairview Ave
Phone	477 3980		
Fax	477 3981		Albany
Email	Darlene@fairviewcare.co.nz		www.fairviewcare.co.nz
Hours	10am to 4pm, negotiable		
Fees	\$80 per day		
Meals	Two course main meal provided, tea/coffee		
Transport	Not available		
Programme	Varied programme includes newspaper reading, games, speakers, entertainment, outings		
Suitable for	Dependent older people		
Max	5 participants, join in hospital activities programme		
Staff	Activities coordinator, registered nurse, trained volunteers and additional staff as required		
Space	Large lounge for group activities and smaller quiet lounge. Not a secure unit		

Glenhaven Rest Home

Contact	Madhu Mudaliar	Address	428 Glenfield Rd
Phone	444 7722		
Fax	444 7750		Glenfield
Email	manager@glenhavenresthome.co.nz		www.glenhavenresthome.co.nz
Hours	7 days, 9am to 4pm, negotiable		
Fees	Carer Support subsidy or \$50 per day		
Meals	Cooked lunch and dessert, morning and afternoon tea		
Transport	Negotiable		
Programme	Integrated with rest home activities, games, crafts, puzzles, board games, bingo and outings		
Suitable for	Frail elderly, able to mobilise independently or with stick / walking frame. Not suitable for people who may wander		
Max	3		
Staff	Activities co-ordinator, registered nurse, caregivers		
Space	Lounge, dining room and outdoor area		

Heritage Rest Home

Contact	Lisa Smith / Marianne Poulson		
Phone	09 423 7092 / 09 423 6006	Address	2 Olympus Rd
Fax	09 423 7859		Wellsford
Email	nursemanager.heritage@gmail.com		
Hours	7 days, 7am to 7pm, or by negotiation with manager		
Fees	Fees: from \$50 per day, depending on time and services required. Full \$70 daily rate includes meals		
Meals	Hot midday meal, tea / coffee		
Transport	Negotiable		
Programme	Exercise 1.30 to 2.30pm, bingo, sit fit, movies, visits to library, bus trips and CMA		
Suitable for	Frail elderly, confused and socially isolated		
Max	2		
Staff	Rest home staff. Staff ratio of one to four residents		
Space	2 lounges, 2 decks and garden area		
	One on one walks by staff, activities every day, large vegetable garden to tend if interested		

Palm Grove Rest Home

Contact	Michelle Lee-Atilano		
Phone	445 0009 / 029 445 0009	Address	8 Grove Rd
Fax	445 6503		Devonport
Email	manager@palmgrove.info		
Hours	7 days, hours negotiable		
Fees	Carer Support subsidy or \$50 per day		
Meals	Lunch and dinner included, tea / coffee		
Transport	Transport available if necessary		
Programme	Games, crosswords, puzzles, crafts, outings, exercise, hand and foot massage, entertainment, chair yoga, movies and happy hour on Friday		
Suitable for	Age 55+ years. Alert people and those with memory loss or confusion		
Max	4		
Staff	Diversional therapist, trained carers, registered nurse		
Space	Large rest home lounge, family room		
	Russian speaking staff.		

Patrick Ferry House

Contact	Claire Parker	Address	47 Condor Place
Phone	444 6655 ext 201		Unsworth Heights
Fax	444 6658		www.patrickferryhouse.co.nz
Email	hm@patrickferryhouse.co.nz		
Hours	Monday to Sunday, flexible hours		
Fees	Carer Support funding or \$90 privately funded		
Meals	Morning tea, lunch and afternoon tea		
Transport	No transport available		
Programme	Comprehensive programme includes games, music, puzzles, daily exercise programme and weekly van outing. Weekly outings cost \$4 per trip		
Suitable for	Older adults with a range of abilities		
Max	8		
Staff	Activities Co-ordinator with assistance from health care assistants		
Space	Rest home environment Four lounges and two dining rooms. Interior courtyard and walking area through bushland on-site.		

Platinum Community Rehab & Day Centre

Contact	Megan Minton or Monica Grimshaw		
Phone	(09) 421 1511 or 021 264 3688	Address	7 Greenview Lane
Fax	(09) 421 1529		Red Beach
Email	monica@platinumcommunitycare.co.nz		www.platinumcommunitycare.co.nz
Hours	Monday to Friday, 9am to 4pm, negotiable		
Fees	\$120, Carer Support subsidy can be used as part-payment		
Meals	Morning and afternoon tea, lunch provided		
Transport	Courtesy van available for pick up or drop off		
Programme	Exercise programme, gardening, baking, card and board games, mens workshop, woodwork, music, arts and crafts. Client abilities and preferences taken into account		
Suitable for	All levels of dementia and older people wanting social interaction		
Max	20 per session		
Staff	Occupational therapists, trainee diversional therapist and activities coordinators. All staff are trained in dementia care and attend regular education sessions		
Space	Lounge, dining, library, several activities rooms, kitchen and quiet room with a day bed Occupational therapy, clinical driving assessments and in-home respite care, including overnight stays.		

Solemar

Contact	Sean Milne	Address	163 Hibiscus Coast Highway
Phone	09 421 1428		Orewa
Fax	09 421 1728		
Email	facility.manager@solemar.co.nz		
Hours	7 days a week, from 8am for 8 hours care		
Fees	Carer Support subsidy or \$57.50 per day rest home, \$74.75 dementia care		
Meals	Hot, home made meals. Tea, coffee and snacks provided.		
Transport	Not available		
Programme	Full activities programme, outings, gardening, live entertainment		
Suitable for	Frail, alert and dementia clients, wheelchair users		
Max	Please contact facility manager for information		
Staff	Clinical manager, registered nurse, caregivers, activities coordinator		
Space	Three hospital / rest home lounges, one dementia lounge		

Totara Club Dementia Day Care

Contact	Gael Ansell	Address	550 East Coast Road
Phone	477 2637		Windsor Park
Fax	479 5353		www.equip.net.nz
Email	totara.club@equip.net.nz		
Hours	Monday to Friday, 10.00am to 3.00pm		
Fees	No charge for clients referred by Waitemata DHB Needs Assessors, though a top-up of \$15 per day may be required depending on level of funding. Private clients \$75 per day		
Meals	Morning / afternoon tea and lunch provided		
Transport	Not provided		
Programme	Activities are designed to maintain and improve physical, social, cultural and cognitive well-being. Each club member has an individualised programme to meet their specific strengths and needs.		
Suitable for	People with a confirmed mild to moderate dementia and relatively independent with self care skills		
Max	15		
Staff	Three dementia trained staff members employed, students on placement from nursing, occupational therapy and social work courses, plus volunteers		
Space	Large secure space adjoining Windsor Park church with outdoor area and raised gardens		

Waitakere

Edmonton Meadows

Contact	Christine Ward	Address	46 Edmonton Rd
Phone	836 3606 836 3607		
Fax	836 3609		Henderson
Email	edmontonhome@yahoo.com		www.eldernet.co.nz
Hours	Monday to Friday, 8am to 5pm		
Fees	Fees \$75 per day or Carer Support / Respite Care		
Meals	Hot midday meal, tea / coffee with snacks		
Transport	Not available		
Programme	Drives, entertainment, various activities organised by our Activities Co-ordinators including but not limited to bowls, ball games, gardening, hangman, bingo, exercise, art and crafts.		
Suitable for	Frail clients or those with mild dementia		
Max	5		
Staff	Caregivers, registered nurse, activities co-ordinators and diversional therapist		
Space	Edmonton Meadows Care Home Access to hairdresser and podiatrist, extra costs apply		

Goodwood Seadrome

Contact	Tina Chivers	Address	167 Colwill Road
Phone	833 7506		
Fax	833 7622		Massey
Email	tina@seadrome.co.nz		
Hours	7 days, time negotiable to suit client's needs		
Fees	Carer Support subsidy or \$50 per day		
Meals	Midday meal, tea / coffee		
Transport	Not available		
Programme	Integrated with Dementia unit activities; art, crafts, games, dance, music groups, community singing / choir, walking groups, entertainers, blokes group, Maori Te Wa and outings		
Suitable for	People with Alzheimer's or dementia, challenging behaviour		
Max	5		
Staff	Aides, registered nurse, occupational therapist and physiotherapist		
Space	Rest home lounges on large secure site		

Royal Heights

Contact	Pam Miller	Address	154 Royal Rd
Phone	833 9333		Massey
Fax	833 4993		www.rest-home.co.nz
Email	info@rest-home.co.nz		
Hours	7 days, hours dependent on services required		
Fees	\$49 per day		
Meals	Main midday meal, tea / coffee		
Transport	Not available, rest home 100m from bus stop		
Programme	Integrated with rest home activities, varied programme; exercise, games, church service, wine and entertainment		
Suitable for	Fairly independent people		
Max	Depends on activity, bookings are essential		
Staff	Activities co-ordinator, registered nurse, trained caregivers		
Space	Lounges, sun rooms, games room, dining room, gym and outdoor area Access to podiatrist and hairdresser at extra cost		

West Harbour Gardens

Contact	Janene Whyte	Address	315 Hobsonville Road
Phone	417 0400		West Harbour
Fax	417 0401		www.sunrisehealthcare.co.nz
Email	whgadmin@sunrisehealthcare.co.nz		
Hours	Monday to Friday, 9.30am to 2.30pm, negotiable		
Fees	\$65 per day		
Meals	Lunch, morning and afternoon tea		
Transport	Not available		
Programme	Integrated into rest home activities		
Suitable for	Dependent older people		
Max	5		
Staff	Care facility staff		
Space	West Harbour Gardens care facility Hairdresser, respite care and overnight stays negotiable, extra costs apply		